ECTS

Program Information Package

Program: Nutrition and Dietetics | Total ECTS: 240 | Date of Issue: 21.11.2026

Program Information

Program Name	Nutrition and Dietetics
Education Level	Bachelor
Language of Instruction	Turkish
Program Duration	8 Semesters
Maximum Duration	14 Semesters
Head of Program	Dr. Öğr. Üyesi Aysel ŞAHİN KAYA
Internship	Not Required
Total ECTS	240

Admission and Registration Requirements

Öğrenciler programa, ÖSYM'nin her yıl düzenlediği üniversiteye giriş sınavları kapsamında Beslenme ve Diyetetik Bölümü için SAY puan türünden bir önceki yılın taban puanları esas alınarak tercih yapmak suretiyle kabul edilmektedir.

Admission and Registration Requirements

Students are admitted to the program through the national university entrance examinations organized annually by ÖSYM. Applicants are placed in the Department of Nutrition and Dietetics based on their preferences and the quantitative (SAY) score type, taking into account the previous year's base scores.

Graduation Requirements

Üniversitemiz Lisans ve Ön lisans Eğitim ve Öğretim ve Sınav Yönetmeliği'nin 40'ıncı maddesi uyarınca, ilgili öğrencinin, kayıtlı olduğu programın müfredatında yer alan tüm dersleri başarı ile tamamlaması, genel not ortalamasının 4,00 üzerinden en az 2,00 ve tamamladığı toplam kredinin en az 240 AKTS olması durumunda öğrenci, ilgili programdan lisans diploması almaya hak kazanır.

Graduation Requirements

In accordance with Article 40 of the University's Undergraduate and Associate Degree Education and Examination Regulations, a student becomes eligible to receive a bachelor's degree from the relevant program if they successfully complete all courses in the curriculum of the program in which they are enrolled, achieve a cumulative grade point average of at least 2.00 out of 4.00, and complete a minimum of 240 ECTS credits.

Occupational Profiles of Graduates

Mezun olan öğrencilerin istihdam olanakları aşağıda listelenmiştir:Eğitim kurumlarında eğitici diyetisyenAraştırma kurumlarında araştırmacı diyetisyenHastanelerde klinik ve nutrisyon diyetisyeniKurumlarda yönetici diyetisyen (Yiyecek –içecek servisi yapan tüm kurumlarda (Otel, restoran vb.)Özel bakım gerektiren kurumlarda danışman diyetisyenToplum sağlığı diyetisyeni (Bakanlıklar, Toplum Sağlığı Merkezleri)Besin endüstrisinde ürün geliştirme diyetisyeni, besin-reklam danışmanlığı, halkla ilişkiler bölümünde danışman diyetisyenSağlık klüpleri, fitness merkezleri gibi merkezlerde danışman diyetisyenSporcu beslenme danışmanlığıGazete ve dergilerde beslenme yazarlığıBilim uzmanlığı ve doktora çalışmalarını tamamlayarak Üniversitelerin Beslenme ve Diyetetik Bölümlerinde öğretim üyesi olarak çalışabilirler.Ayrıca bu program mezunları, KPSS (Kamu Personel Seçme Sınavı) ´den gereken puanı almaları durumunda ihtiyaç duyulan kamu alanlarına diyetisyen olarak atanmaktadır.

Occupational Profiles of Graduates

Dietitian educator in educational institutionsResearch dietitian in research institutionsClinical and nutrition dietitian in hospitalsManagerial dietitian in institutions providing food and beverage services (such as hotels, restaurants, etc.)Consultant dietitian in institutions requiring special care servicesPublic health dietitian in governmental institutions (ministries, community health centers)Product development dietitian in the food industry, nutrition and advertising consultancy, and consultant dietitian in public relations departmentsConsultant dietitian in health clubs and fitness centersSports nutrition consultantNutrition writer for newspapers and magazinesGraduates may also pursue postgraduate education and, upon completing master's and doctoral studies, work as faculty members in Departments of Nutrition and Dietetics at universities.In addition, graduates of this program may be appointed as dietitians to public institutions if they obtain the required score in the KPSS (Public Personnel Selection Examination).

About the Program

Antalya Bilim Üniversitesi Sağlık Bilimleri Fakültesi Beslenme ve Diyetetik Bölümü Yüksek Öğretim Kurumu'nun 2457 sayılı Kanun'un 2880 sayılı değişiklik kararı ile kurulmuş olup 2021-2022 eğitim yılında lisans eğitimine başlamıştır. Antalya Bilim Üniversitesi Sağlık Bilimleri Fakültesi bünyesinde yer alan Beslenme ve Diyetetik Bölümü; 21. yüzyıl sağlık anlayışı çerçevesinde, uluslararası standartlarda, yaratıcılık ve bireysel gelişimi önemseyen, yaşam boyu öğrenme ve etik davranış, güvenli ve yetkin uygulama becerisine sahip, ülkemiz ve dünyadaki kültürlerle iletişime açık Diyetisyenler yetiştirmeyi hedeflemektedir. Eğitim dili Türkçe ve eğitim süresi 4 yıl olup ve bu Lisans programına sayısal (SAY) puan türüne göre öğrenci alınmaktadır. Beslenme ve Diyetetik bölümünden mezun olan diyetisyenler birçok alanda istihdam olanaklarına sahiptir. Bu alanlardan bazıları yataklı tedavi kurumları, renal bakım üniteleri, diyabet eğitim merkezleri, enteral-parenteral beslenme ekibi, özel beslenme ve diyet merkezleri, toplu beslenme sistemleri (kreşler, okullar, yemek fabrikaları, otellerin yiyecek içecek servisleri, toplu beslenme yapan tüm kurumlar vb.), gıda sanayisi, besin ve beslenmeyle ilgili özel veya kamu kuruluşları, ana çocuk sağlığı merkezleri, aile sağlık merkezleri, yaşlı bakım merkezleri, spor merkezleri, eğitim ve araştırma kurumlarıdır.Beslenme ve Diyetetik Lisans Programından mezun olanlara "Diyetisyen" unvanı verilmektedir.

About the Program

The Department of Nutrition and Dietetics within the Faculty of Health Sciences at Antalya Bilim University was established by the decision of the Council of Higher Education in accordance with Law No. 2547 and the amendment introduced by Law No. 2880, and it started its undergraduate education in the 2021–2022 academic year.The Department of Nutrition and Dietetics, operating under the Faculty of Health Sciences at Antalya Bilim University, aims to educate dietitians who meet international standards within the framework of the 21st-century understanding of health; who value creativity and individual development; who adopt lifelong learning and ethical principles; who possess safe and competent professional practice skills; and who are open to communication with different cultures in Türkiye and around the world.The language of instruction is Turkish and the duration of the program is four years. Students are admitted to this undergraduate program based on the quantitative (SAY) score type.Graduates of the Department of Nutrition and Dietetics have employment opportunities in many fields. These include inpatient treatment institutions, renal care units, diabetes education centers, enteral and parenteral nutrition teams, private nutrition and diet counseling centers, mass catering systems (such as nurseries, schools, catering companies, hotel food and beverage services, and other institutions providing mass food services), the food industry, private or public institutions related to food and nutrition, maternal and child health centers, family health centers, elderly care centers, sports centers, and educational and research institutions.Graduates of the Nutrition and Dietetics Undergraduate Program are awarded the title of “Dietitian.”

Exams, Assessment and Evaluation

Examinations at the University consist of midterm examinations, final examinations, make-up examinations, exemption examinations, additional examinations, and single-course examinations. Examinations are conducted according to the schedule prepared and announced by the Faculty. Students are required to present their student identification cards in order to take the examinations. There is no resit (make-up for final) examination system at the University; however, a summer school program is available.The midterm examination is conducted during the semester in which the course is offered in the undergraduate curriculum of the Faculty. At least one midterm examination is held for each course during a semester. Assignments, projects, or similar coursework conducted within the course may, at the discretion of the course instructor, be used in place of a midterm examination. The final examination is held at the end of the semester in which the course is offered, within the dates specified in the academic calendar. In order to be eligible to take the final examination, students must fulfill the requirement of at least 70% attendance in the course.The grade ranges used to determine whether students are considered successful in a course are as follows:

Program Educational Objectives

Beslenme ve diyetetik alanında bilimsel bilgi ve kanıta dayalı yaklaşımları kullanarak bireylerin ve toplumun beslenme durumunu değerlendirebilen, beslenme sorunlarına yönelik uygun müdahaleleri planlayıp uygulayabilen diyetisyenler yetiştirmek.Sağlığın korunması, geliştirilmesi ve hastalıkların önlenmesi veya tedavisinde beslenme tedavisini etkili biçimde planlayabilen, farklı yaşam dönemlerine ve hastalık durumlarına uygun beslenme programları oluşturabilen meslek profesyonelleri yetiştirmek.Beslenme bilimi, toplum beslenmesi ve toplu beslenme sistemleri alanlarında disiplinler arası ekiplerle çalışabilen, etik ilkelere bağlı, iletişim becerileri güçlü ve toplumsal sorumluluk bilincine sahip bireyler yetiştirmek.Bilimsel gelişmeleri takip eden, araştırma yapabilen, eleştirel ve analitik düşünme becerisine sahip, yaşam boyu öğrenmeyi benimseyen ve mesleki gelişimini sürdürebilen mezunlar yetiştirmek.

Program Educational Objectives

To educate dietitians who can assess the nutritional status of individuals and communities by using scientific knowledge and evidence-based approaches in nutrition and dietetics, and who can plan and implement appropriate interventions for nutrition-related problems.To train professionals who can effectively plan and implement nutrition therapy for the protection and promotion of health, as well as for the prevention and treatment of diseases, and who can develop appropriate nutrition programs for different life stages and disease conditions.To educate individuals who can work collaboratively in interdisciplinary teams in the fields of nutritional sciences, public health nutrition, and food service systems; who adhere to ethical principles; and who possess strong communication skills and social responsibility.To graduate professionals who follow scientific developments, are capable of conducting research, possess critical and analytical thinking skills, adopt lifelong learning, and continuously improve their professional competencies.

Recognition of Prior Learning

ÖSYM tarafından yapılan merkezî yerleştirme, başarı koşulu ile yurtiçi ve yurtdışı kurumlar arası yatay geçiş, merkezî yerleştirme puanı ile kurumlar arası ve kurum içi yatay geçiş ile fakültemize öğrenci kabul edilmektedir.Fakültemize kabul edilen öğrenciler, kayıt yaptırmadan önce kayıtlı oldukları lisans veya ön lisans programlarından başarılı oldukları derslerin fakültemiz ders müfredatına intibak ettirilmesini talep edebilirler. Bu talep, öğrencinin, öğrenim görmeye başlayacağı akademik yılın başında Fakülte Dekanlığı' na yazacağı bir dilekçe ile yapılır. Talepte bulunan öğrencinin, dilekçesine onaylı bir not döküm (transkript) belgesinin aslını eklemesi gereklidir. İntibak işlemi, Sağlık Bilimleri Fakültesi Yönetim Kurulunun ve görevlendireceği komisyonların belirlediği esaslar çerçevesinde gerçekleştirilir. İntibak işlemlerinde ders içerikleri ve AKTS yükü gözetilir.

Recognition of Prior Learning

Students are admitted to the Faculty through central placement conducted by ÖSYM, inter-institutional transfers between domestic and international higher education institutions based on academic achievement requirements, transfers based on central placement scores, and internal transfers within the institution.Students admitted to the Faculty may request the recognition and transfer of courses they have successfully completed in previously enrolled undergraduate or associate degree programs to the Faculty's curriculum before completing their registration. This request must be submitted through a petition addressed to the Dean's Office at the beginning of the academic year in which the student will commence their studies. The petition must be accompanied by the original approved transcript documenting the courses completed.The course transfer and adaptation process is carried out in accordance with the principles determined by the Faculty of Health Sciences Administrative Board and the commissions assigned by it. Course contents and ECTS workload are taken into consideration during the adaptation process.

Transition to Higher Degree Programs

Graduates of the Department of Nutrition and Dietetics may pursue postgraduate education after obtaining their bachelor's degree. In order to enroll in relevant postgraduate programs, they must meet the requirements determined by the respective institutes, including minimum grade point average, foreign language proficiency, ALES score, and other examination requirements.

Program Outcomes

PÇ-1 Has the ability to use evidence-based fundamental and professional knowledge in the field of Nutrition and Dietetics both theoretically and practically.

PÇ-2 Gains the ability to identify, define, interpret, make decisions about, and solve problems that may be encountered in different areas of Nutrition and Dietetics.

PÇ-3 Has the ability to assess the nutritional status of healthy individuals, communities, and patients by using up-to-date knowledge and skills acquired in the field of Nutrition and Dietetics, and to select and implement appropriate evidence-based intervention approaches by using analytical thinking when facing potential problems (case, event, equipment, product, etc.).

PÇ-4 Gains the ability to effectively use contemporary information technologies and field-specific technological equipment required in Nutrition and Dietetics practices.

PÇ-5 Acquires the ability to communicate verbally and in writing at national and international levels on professional issues related to Nutrition and Dietetics.

PÇ-6 Adopts the importance of lifelong learning and quality management, and gains the ability to follow recent developments in science, technology, education, and health, and continuously improve oneself.

PÇ-7 Has the ability to work effectively either independently or within national and international teams in different areas of Nutrition and Dietetics such as Nutritional Sciences, Dietetics, Food Service Systems, and Public Health Nutrition; and to take responsibility in planning scientific studies, collecting data, analyzing and interpreting results, and reporting them both in written and oral forms.

PÇ-8 Gains knowledge and practical skills to develop individual and community nutrition recommendations and to contribute to the development of food and nutrition plans and policies at national and international levels by considering the nutritional status of individuals and communities with different sociodemographic characteristics throughout the life cycle.

PÇ-9 Develops awareness of acting in accordance with professional ethical principles towards individuals, society, the profession, and other professional groups, and gains awareness of the legal aspects of professional practices.

NQF Matrix

Subject Area Level 6 (Bachelor's Degree)	No	1	2	3	4	5	6	7	8	9
Beceriler	1	x	x	x	x	x	–	x	x	x
	2	x	x	x	x	x	x	x	x	–
	3	x	x	x	–	x	–	x	x	–
Bağımsız Çalışabilme ve Sorumluluk Alabilme Yetkinliği	1	x	x	x	–	x	x	x	x	x
	2	x	x	x	–	–	x	x	x	x
	3	x	x	x	–	x	x	x	x	x
Öğrenme Yetkinliği	1	x	x	x	–	x	x	x	x	x
	2	x	x	x	x	x	x	x	x	x
	3	x	x	x	x	x	x	x	x	x
	4	x	x	x	x	x	x	x	x	x
	5	x	x	x	x	x	x	x	x	x
İletişim ve Sosyal Yetkinlik	1	x	x	x	x	x	–	x	x	x
	2	x	x	x	x	x	x	x	x	x
	3	x	x	x	–	x	x	x	x	x
	4	x	–	x	x	x	x	x	x	–
	6	x	x	x	–	x	x	x	x	–
Alana Özgü Yetkinlik	1	x	x	x	–	x	x	x	x	x
	2	x	x	x	x	–	x	x	x	x
	3	x	x	x	–	–	x	x	x	x
	4	x	–	x	–	x	x	x	x	x
	5	x	–	x	–	x	x	x	x	–
	6	x	x	x	–	x	x	x	x	–

Course Plan

2025 Beslenme ve Diyetetik

Semester 1

Code	Course Name	L	P	Lab	Credit	ECTS	Language
BES 117	Physiology I	3	0	0	3	6	Turkish
BES 119	Anatomy	2	1	0	3	6	Turkish
BES 127	Basic Chemistry and Laboratory Practice II	2	3	0	4	6	Turkish
TR 101	Turkish Language I	2	0	0	2	2	Turkish
ATA 101	Atatürk's Principles and Revolutionary History I	2	0	0	2	2	Turkish
INGL 101	English I	2	0	0	2	2	English
BES 1XX	Area Elective Course	0	0	0	0	3	-
BES 1XX	Area Elective Course	0	0	0	0	3	-

Semester 2

Code	Course Name	L	P	Lab	Credit	ECTS	Language
INGL 102	English II	2	0	0	2	2	English
ATA 102	Atatürk's Principles and Revolutionary History II	2	0	0	2	2	Turkish
TR 102	Turkish Language II	2	0	0	2	2	Turkish
BES 1XX	Area Elective Course	0	0	0	0	3	-
BES 1XX	Area Elective Course	0	0	0	0	3	-
BES 118	Physiology II	3	0	0	3	6	Turkish
BES 122	Occupational health and Safety	2	0	0	2	3	Turkish
BES 128	Basic Chemistry and Laboratory Practice II	2	3	0	4	6	Turkish
BES 112	Communication Skills	2	0	0	2	3	Turkish

Semester 3

Code	Course Name	L	P	Lab	Credit	ECTS	Language

BES 201	Nutritional Biochemistry I	3	0	0	3	5	Turkish
BES 205	Nutrition Principles and Practice I	3	3	0	5	6	Turkish
BES 209	Genel Mikrobiyoloji	2	0	0	2	4	Turkish
BES 231	Besin Kimyası ve Analizleri Uygulamaları I	2	3	0	4	6	Turkish
EHP 201	English for Health Professionals I	3	0	0	3	3	English
BES 2XX	Area Elective Course	0	0	0	0	3	-
UNI 1000	University Elective Courses	0	0	0	0	3	-

Semester 4

Code	Course Name	L	P	Lab	Credit	ECTS	Language
BES 222	Nutritional Biochemistry II	3	0	0	3	4	Turkish
BES 232	Food Chemistry and Analysis Applications II	2	3	0	4	6	Turkish
BES 206	Nutrition Principles and Practice II	3	3	0	5	6	Turkish
BES 226	Food Microbiology and Food Safety	3	0	0	3	5	Turkish
EHP 202	English for Health Professionals II	3	0	0	3	3	English
BES 2XX	Area Elective Course	0	0	0	0	3	-
SBF XXX	Faculty Elective Courses	0	0	0	0	3	-

Semester 5

Code	Course Name	L	P	Lab	Credit	ECTS	Language
BES 301	Determination of Nutritional Status in the Community	3	0	0	3	5	Turkish
BES 303	Collective Nutrition Systems I	3	0	0	3	5	Turkish
BES 305	Mother and Child Nutrition	3	2	0	4	6	Turkish
BES 307	Diet Therapy and Applications in Diseases I	3	2	0	4	6	Turkish
KPL 101	Career Planning	1	0	0	1	2	Turkish
BES 3XX	Area Elective Course	0	0	0	0	3	-
BES 3XX	Area Elective Course	0	0	0	0	3	-

Semester 6

Code	Course Name	L	P	Lab	Credit	ECTS	Language
BES 302	Nutritional Problems and Epidemiology in Society	3	0	0	3	4	Turkish
BES 304	Collective Nutrition Systems II	3	0	0	3	5	Turkish
BES 306	Nutritional Therapy and Applications in Pediatric Diseases	3	2	0	4	6	Turkish
BES 308	Diet Therapy and Applications in Diseases II	3	2	0	4	6	Turkish
BES 3XX	Area Elective Course	0	0	0	0	3	-
BES 3XX	Area Elective Course	0	0	0	0	3	-
BES 3XX	Area Elective Course	0	0	0	0	3	-

Semester 7

Code	Course Name	L	P	Lab	Credit	ECTS	Language
BES 4X9		0	0	0	0	7	-
BES 4X7		0	0	0	0	7	-
BES 4X5		0	0	0	0	2	-
BES 4X3		0	0	0	0	3	-
BES 4X1		0	0	0	0	5	-
BES 4XX	Area Elective Course	0	0	0	0	3	-
BES 4XX	Area Elective Course	0	0	0	0	3	-

Semester 8

Code	Course Name	L	P	Lab	Credit	ECTS	Language
BES 4X8		0	0	0	0	7	-
BES 4X6		0	0	0	0	7	-
BES 4X4		0	0	0	0	5	-
BES 4X2		0	0	0	0	5	-
BES 4XX	Area Elective Course	0	0	0	0	3	-
BES 4XX	Area Elective Course	0	0	0	0	3	-